

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500/page 1 of 2**

FOOD AND BEVERAGE SALES

Any student organization or District-support organization that seeks to raise funds by means of food or beverage sales must comply with the following guidelines in order to obtain approval for such sales on District premises:

- A. Items sold through vending machines must comply with the conditions stated in Board Policy 8540 - Vending Machines.
- B. All food items and beverages sold to students that will be consumed on the school campus (any area of property under the jurisdiction of the school that is accessible to students during the school day) during the school day (the period from the midnight before, to thirty (30) minutes after the end of the official school day) shall comply with the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards.
- C. A plan must be submitted which describes:
 - 1. the items to be vended;
 - 2. the time, date, and location at which the items will be sold;
 - 3. provisions for proper preparation of the food and/or beverage items;
 - 4. provisions for the proper sanitation during and after the vending of the items and for the proper clean-up of the area(s), when applicable;
 - 5. how the funds will be safe-guarded during and after the vending of the items;
 - 6. the extent to which students are to be involved in the vending of the items and how much of their school and/or study time will be used for the planning and conduct of the activity.

The plan is to be submitted to the principal prior to the fund-raising activity.

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500/page 2 of 2**

The sponsor of the activity must agree that the activity will be in compliance with all District policies and administrative guidelines related to food service and fund-raising.

Revised 12/15/14

© NEOLA 2014

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500A/page 1 of 5**

NUTRITIONAL GUIDELINES

The Ohio Department of Education (ODE), Office for Child Nutrition (OCN), and the U.S. Department of Agriculture (USDA) shall provide necessary guidelines for nutrition standards to be followed regarding food and beverage items available for sale at school. When the ODE software is provided, it shall be used to determine the nutritional value of each food item and beverage available for sale at school. In addition, the school shall comply with the following requirements of the Health Choices for Healthy Children Act and the USDA Smart Snacks in School nutrition standards:

- A. Any food sold in schools must:
 - 1. be a "whole grain-rich" grain product; or
 - 2. have the first ingredient a fruit, a vegetable, a dairy product, or a protein product; or
 - 3. be a combination food that contains at least one-fourth ($\frac{1}{4}$) cup of fruit and/or vegetable; or
 - 4. contain ten percent (10%) of the Daily Value of one(1) of the following nutrients: calcium, potassium, vitamin D, or dietary fiber.
- B. "Entree items" are defined as items that are either a:
 - 1. combination food of meat or meat alternative and whole grain rich food; or
 - 2. combination food of vegetable or fruit and meat or meat alternate; or
 - 3. meat or meat alternate alone with the exception of yogurt, low-fat or reduced fat cheese, nuts, seeds and nut or seed butters, and meat snacks (such as dried beef jerky).

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500A/page 2 of 5**

Entree items (except entree items that were offered on the National School Lunch Program (NSLP) or School Breakfast Program (SBP) menu on the day of and the day after they are offered on the NSLP or SBP menu) must meet the following criteria:

1. contain less than 350 calories
2. contain less than 480 milligrams of sodium
3. contain a total fat content that composes less than thirty-five percent (35%) of the calories
4. contain a saturated fat content that composes less than ten percent (10%) of the calories
5. contain no trans fat, and
6. contain a total weight from sugar of less than thirty-five percent (35%) of the total food

Food not meeting the definition of entree (including all snacks and a la carte items) must meet the following criteria:

1. contain less than 200 calories
2. contain less than 230 milligrams of sodium
3. contain a total fat content that composes less than thirty-five percent (35%) of the calories
4. contain a saturated fat content that composes less than ten percent (10%) of the calories
5. contain no trans fat, and
6. contain a total weight from sugar of less than thirty-five percent (35%) of the total food

The following items are exempt from all nutrition standards:

1. fresh fruits and vegetables with no added ingredients except water

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500A/page 3 of 5**

2. canned and frozen fruits with no added ingredients except water, or are packed in 100% juice, extra light syrup, or light syrup, and
3. canned vegetables with no added ingredients except water or that contain a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable

The following items are exempt from the total fats standard:

1. reduced fat cheese (including part-skim mozzarella)
2. nuts and seeds and nut/seed butters
3. products consisting of only dried fruit with nuts and/or seeds with no added nutritive sweeteners or fats, and
4. seafood with no added fat

The following items are exempt from the saturated fat standard:

1. reduced fat cheese (including part-skim mozzarella)
2. nuts and seeds and nut/seed butters
3. Products consisting on only dried fruit with nuts and/or seeds with no added nutritive sweeteners or fats

The following items are exempt from the sugar standard:

1. dried whole fruits or vegetables
2. dried whole fruit or vegetable pieces; and dehydrated fruits or vegetables with no added nutritive sweeteners
3. dried whole fruits, or pieces, with nutritive sweeteners that are required for processing and/or palatability purposes (i.e., cranberries, tart cherries, or blueberries), and
4. products consisting of only exempt dried fruit with nuts and/or seeds with no added nutritive sweeteners or fats

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500A/page 4 of 5**

Accompaniments (condiments) such as cream cheese, salad dressing, and butter must be included in the nutrient profile as part of the food item sold.

C. Allowable beverages sold in school are limited to:

1. Elementary Schools:

- a. water (no flavors): unlimited container size;
- b. milk (low fat unflavored or fat free flavored or unflavored): up to eight (8) ounce container size; and
- c. juice (100% fruit juice, 100% fruit juice and water blend with no added sweeteners): up to eight (8) ounce container size provided that the drink contains no more than 160 calories per eight (8) ounces.

2. Middle Schools:

- a. water (no flavors): unlimited container size;
- b. milk (low fat unflavored or fat free flavored or unflavored): up to twelve (12) ounce container size; and
- c. juice (100% fruit juice, 100% fruit juice and water blend with no added sweeteners): up to ten (10) ounce container size provided that the drink contains no more than 160 calories per eight (8) ounces.

3. High Schools:

- a. water (no flavors): unlimited container size;
- b. milk (low fat unflavored or fat free flavored or unflavored): up to twelve (12) ounce container size;
- c. juice (100% fruit juice, 100% fruit juice and water blend with no added sweeteners): up to twelve (12) ounce container size provided that the drink contains no more than 160 calories per eight (8) ounces;

guidelines

**OFFICE OF THE SUPERINTENDENT
CELINA CITY SCHOOL DISTRICT**

**OPERATIONS
8500A/page 5 of 5**

- d. any beverage that contains no more than forty (40) calories per eight (8) ounces (or sixty (60) calories per twelve (12) ounces); up to twelve (12) ounce container size;
- e. calorie-free, flavored water: up to twenty (20) ounce container size; and
- f. any beverage that contains no more than five (5) calories per eight (8) ounces (or ten (10) calories per twenty (20) ounces) including caffeinated beverages and beverages with added sweeteners, carbonation, or artificial flavoring; up to twenty (20) ounce container size.

Schools with a blend of grade groups (e.g., K-8) must follow the stricter rule for the entire grade group.

Approved 5/22/12
Revised 1/7/13
Revised 12/15/14

© NEOLA 2014